



## **“Improved care for more than 18,000 local diabetics has also caused significant reductions in eye defects....along with amputations” Courier 25 November 2009**

Tayside Diabetes MCN presented to NHS Tayside’s Improvement and Quality Committee progress against the Diabetes Collaborative Commissioning Promises. Achievements include:

- Increase in the number of people with Type 2 diabetes receiving structured education
- An additional Specialist Diabetes Dietitian appointed in Perth & Kinross.
- A Local Enhanced Service for Diabetes which supports the Tayside Diabetes Integrated Care Pathway.
- A further 15 Tayside Insulin Management Programmes attended by 113 people with Type 1 diabetes.
- The percentage of people receiving eye checks remains consistently high.
- Two recently published papers showed that in Tayside there has been a significant reduction in amputations in people with diabetes and a reduction in laser treatment for diabetic maculopathy in people with Type 2 diabetes.

The full report is available at <http://taysidedn.dundee.ac.uk/Documents/Uploaded/MCN%20-%20Documents%20-%20Diabetes%20Collaborative%20Commissioning%20Plan%202009%20Update.pdf>

## **Significant improvements in recording of foot risk scores**

The percentage of people with diabetes who have a foot risk score recorded has more than doubled from 35% in December 2007 to 73% in September 2009. The inclusion of the recording of foot risk score in the Diabetes Local Enhanced Service for people with Type 2 diabetes has greatly contributed to this achievement. Many thanks to all staff involved in providing care to people with diabetes for their efforts in making this significant improvement.

## **Footstep: Self management education for people with low risk feet**

If you have patients with diabetes who have a low foot risk score and no podiatry need they can be referred to Footstep; a group education programme which aims to empower people to manage their own foot care confidently and competently. Referral information can be found at [www.diabetes-healthnet.ac.uk/FootSteps/FootSteps.aspx](http://www.diabetes-healthnet.ac.uk/FootSteps/FootSteps.aspx)

## **Podiatry Services at Ninewells**

We would be grateful for your assistance in ensuring that people with diabetes who require access to specialist diabetes podiatry are aware that there is no drop in podiatry clinic at Ninewells. Practice staff or the patient can call the podiatry team and make an appointment on 01382 660111 Ext. 33509. All new patient referrals should be made by practice staff. The team will also accept referrals by phone for people who develop acute problems.

## **TDEP Education available for people newly diagnosed with Type 2 diabetes**

TDEP is group education for people newly diagnosed with Type 2 diabetes and provides people with information about diabetes and the knowledge to self manage their condition. TDEP has been further rolled out with additional sessions in Montrose, Pitlochry/Aberfeldy and Crieff/Comrie and sessions soon to start in Blairgowrie. This means that it will soon be accessible to all practices across Tayside. So remember if you have someone newly diagnosed who you think would be suitable then it is easy to book them onto TDEP using the online booking system at [www.diabetes-healthnet.ac.uk/TDEP/TDEP.aspx](http://www.diabetes-healthnet.ac.uk/TDEP/TDEP.aspx)

## **Latest Updates to the Diabetes MCN Website**

Website Section	Update
Handbook: Treatment with OHAs	Metformin MR now approved by SMC

## **Dates for Your Diary in 2010**

- 25 February Angus Diabetes Forum
- 3 – 5 March Diabetes UK Professional Conference, Liverpool
- 23 March Diabetes in Scotland Professional Conference, Glasgow

Further information on all these events and more can be found on the Diabetes MCN website at [www.diabetes-healthnet.ac.uk/professionaleducation/ProfessionalEducation.aspx](http://www.diabetes-healthnet.ac.uk/professionaleducation/ProfessionalEducation.aspx)

If you would like to include something in this Update or have comments please contact [elainewilson2@nhs.net](mailto:elainewilson2@nhs.net)

Visit our website at [www.diabetes-healthnet.ac.uk](http://www.diabetes-healthnet.ac.uk)

