

Car or motorcycle drivers with diabetes treated by tablets, diet or both.

When do you need to tell us?

Please keep this leaflet safe so you can
refer to it in the future

Drivers do not need to tell us if their diabetes
is treated by tablets, diet or both and they are
free of the complications listed over the page.

Some people with diabetes develop associated
problems that may affect their driving.

What you need to tell us about

By law you must tell us if any of the following apply:

- You need treatment with insulin.
- You need laser treatment to both eyes or in the remaining eye if you have sight in one eye only.
- You have problems with vision in both eyes, or in the remaining eye if you have sight in one eye only. By law, you must be able to read, with glasses or contact lenses if necessary, a car number plate in good light at 20.5 metres (67 feet) or 20 metres (65 feet) where narrower characters (50mm wide) are displayed.
- You develop any problems with the circulation, or sensation in your legs or feet which makes it necessary for you to drive certain types of vehicles only, for example automatic vehicles, or vehicles with a hand operated accelerator or brake. This must be shown on your driving licence.
- You suffer more than one episode of disabling hypoglycaemia (low blood sugar) within 12 months, or if you or your carer feels you are at high risk of developing disabling hypoglycaemia.
- You develop impaired awareness of hypoglycaemia.
- You suffer disabling hypoglycaemia at the wheel.
- An existing medical condition gets worse or you develop any other condition that may affect your driving.

In the interests of road safety, you must be sure that
you can safely control a vehicle at all times.

How to tell us

If your doctor, specialist or optician tells you to
report your condition to us, you need to fill in a
Medical Questionnaire about diabetes (DIAB1).
You can download this from
www.direct.gov.uk/driverhealth

Phone us on 0870 600 0301.

Write to:

Drivers Medical Group
DVLA
Swansea
SA99 1TU.

e-mail to eftd@dvla.gsi.gov.uk

Useful addresses

Diabetes UK Cymru

Argyle House
Castlebridge
Cowbridge Road East
Cardiff
CF11 9AB

Diabetes UK Scotland

Savoy House
140 Sauchiehall Street
Glasgow
G2 3DH

Diabetes UK Central Office

Macleod House
10 Parkway
London
NW1 7AA

Diabetes UK

Website: www.diabetes.org.uk



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