

Dummies Guide to the new HbA1c Figures

The table below shows how the new figures (mmol/mol) relate to the old ones (%)

To simplify matters:

- ❖ the 7% QOF Target equates to **53**
- ❖ For most patients, aim for somewhere in **high 40s – low 50s (48-52)**
- ❖ **60 or above** is sub-optimal control

mmol/mol	%
42	6.0
43	6.1
44	6.2
45	6.3
46	6.4
(47)	-
48	6.5
49	6.6
50	6.7
51	6.8
52	6.9
53	7.0
54	7.1
55	7.2
56	7.3
57	7.4
58	7.5
(59)	-
60	7.6
61	7.7
62	7.8
63	7.9
64	8.0